



# Roadrunner Review

## Upcoming Events

12/1 7:30pm ArtSmart docent meeting  
12/7 9:30am PTA Meeting  
12/15 Club and candid yearbook photos  
12/23-1/2 Winter Break

For more information on these events and a complete listing, please check out the Marshall Road PTA website at:

[www.marshallroadpta.org/  
monthlycalendar.html](http://www.marshallroadpta.org/monthlycalendar.html)

## Principal's Corner Jennifer Heiges

Thank you to our wonderful families who provided us with turkeys and pies to help us celebrate this season of giving thanks, and remind us how thankful we are to work with such talented individuals. As a staff, we enjoyed a delicious feast and took the time to celebrate Lisa Barrow's promotion to the Principalship of Sleepy Hollow ES. Many of us roasted Mrs. Barrow as we bid her farewell, and shared our happiness to have had the opportunity to work with such a strong leader who truly became a part of our Marshall Road family. Sleepy Hollow made a great choice.

We have begun our search for a new assistant principal. Although we will miss Mrs. Barrow, we are excited about the possibilities that lie ahead. We have advertised the position and we are currently seeking the wisdom of our faculty for input on what qualities and qualifications they

are looking for in our next assistant principal. We will put together a panel of Marshall Road's expertise to interview our candidates. We are hoping to have someone new join us early in the New Year. We look forward to introducing our new AP to the community early in 2012.

As I reflect throughout this month of giving thanks I am once again humbled to work in this wonderful school. A place where we teach our youth to be strong, respectful citizens and to give back to the community that gives so much to us each day. I am grateful for the generosity that surrounds us and by the thoughtfulness of this community. I wish you all a wonderful holiday season and hope you will all take time to reflect on the wonders of this time of year. I am thankful for Marshall Road ES.

## PTA Officers 2011-2012

President - Beth Eachus [president@marshallroadpta.org](mailto:president@marshallroadpta.org)

Vice President - Becky Kong [vp@marshallroadpta.org](mailto:vp@marshallroadpta.org)

Vice President - Amanda Waltrip [vicepresident@marshallroadpta.org](mailto:vicepresident@marshallroadpta.org)

Treasurer - Randy Weinhardt [treasurer@marshallroadpta.org](mailto:treasurer@marshallroadpta.org)

Secretary - Alexandra Bates [secretary@marshallroadpta.org](mailto:secretary@marshallroadpta.org)

## **Note from the PTA President**

**Beth Eachus**

### Giving Thanks

A breathtakingly beautiful rendition of the National Anthem rang out across the field sung by our music teacher, Katie Friedman. A baton passed from one person to the next as a ceremonial lap was run by our principal Jen Heiges, fitness trainer Roger Mack, our teachers, and members of our Marshall Road community. Over 650 pairs of feet shuffling as the students, teachers, parents and siblings waited for the start of the run. And they were off!

Friday, November 18<sup>th</sup> was our school's first annual run-a-thon, "Trotting for a Track." By the end of the day, after three 50 minute runs, more than 2000 miles were run by our Marshall Road community. Donations towards a track for our school are being collected through December 2<sup>nd</sup>.

For me, events like Trotting for a Track and our Thanksgiving luncheon are what best exemplify our school and our community. Everyone participates and everyone contributes: their talents, their money, their time.

Co-chairs Missy and Brian Walsh brought their creativity, their energy and hours of effort to ensure that our Trotting for a Track was a huge success. Our Physical Educational teachers Shane Clancy and Kristen Luck also gave their time and their ideas to ensure that our first run-a-thon achieved our goals.

Year after year, our Thanksgiving luncheon chair, Debbie Corry has brought her thoughtful leadership, her experience and her dedication so that almost 1000 members of our Marshall Road community are able to share in a Thanksgiving lunch. Debbie said that her request for volunteers have never been filled so quickly as they were this year.

As I sold tickets for the Thanksgiving lunch, parents asked me if we would collect their change for one of our Fifty for Fifty efforts. Moved by the generosity of our community, we quickly put out a basket to raise money for both our Canned Food and Winter Clothing Drives.

When giving thanks this holiday season, I will be grateful for the Marshall Road community. Thank you to all the parents and students of our wonderful school!



## 50 Service Projects for 50 years

Completed Projects in **bold**, upcoming in red

1. **Students donate \$.50 each for fighting cancer (over \$400 collected)**
2. **50 students participate in International Walk to School Day (over 200 walked)**
3. **50 students participate in the Providence District VolunteerFest (138 letters written to Service Personnel)**
4. Collect 50 used cell phones for victims of domestic abuse (ongoing)
5. **50 loaves of bread made by our 5<sup>th</sup> and 6<sup>th</sup> graders for Food For Others (98 loaves baked and donated to the food pantry)**
6. **50 MRES volunteers participate in the Vienna Town Clean Up on Nov 5<sup>th</sup> (over 75 volunteers cleaned up Southside Park)**
7. **50 books purchased in the One For Books program (\$250+ collected, which purchased 50 books )**
8. **Collect 50 items for the Fairfax County Animal shelter (134 items collected)**
9. Winter Clothing Drive until Dec 12th
10. **Collect 50 pounds of non-perishable food items for Food for Others (almost 750 pounds were collected)**
11. **Trotting for a Track (\$28,000 donated)**
12. **50 tulip bulbs planted by Mrs. Arslan's 4<sup>th</sup> grade class**
13. Collect 50 (X10) empty drink pouches to upcycle and recycle
14. Raise over \$50 in donations for the Help the Homeless Walkathon.
15. **Marshall Road staff collected over 50 new or gently used children's books for donation to the Vienna Women's Shelter**
16. 50 or more cards will be created by MRES students and sent to children in the hospital through the Leukemia and Lymphoma Society.

## Teacher Feature:



**Sarah Andres**  
**ESOL**

Sarah Andres is thrilled to be a member of the MRES community! She is the ESOL teacher for

Kindergarten, 1st and 2nd grades and also works with other children in the area of literacy. Ms. Andres previously taught Grades 1-4 as a classroom teacher in Fairfax (Laurel Ridge Elementary), Tokyo (International School of the Sacred Heart), McLean (The Potomac School) and Hong Kong (Hong Kong International School). She likes to travel, shop, read and exercise. Most of all, she loves her Boston Terrier, Betty. Ms. Andres is enjoying her new students, families and colleagues here at Marshall Road! She finds working with English learners a rich and rewarding experience. Please stop by Room 114 to say hello, trade travel stories, talk about dogs or recommend favorite books.

# TROTTLING FOR A TRACK

marshall road • fifty for fifty!

On November 18th, students, faculty and parents put on their running shoes to participate in the "Trotting for a Track" run-a-thon. Each run started with the Star Spangled Banner sung beautifully by Mrs. Friedman and a ceremonial lap run by the teachers, staff and Mrs. Heiges. It was wonderful to see all the students in their run-a-thon shirts and the excitement on their faces about running to help build a track. The students gave it their all and ran over 8,000 laps which is over 2,000 miles. Our school ran the equivalent from Vienna to Salt Lake City, UT! After running, the students enjoyed water and fruit to help replenish some of their energy. Thank you to all the parent volunteers and staff for helping to make this a successful event. Also, thank you to all the families who contributed to our efforts to build the track by assisting your child in obtaining donations and your direct donations. **We raised \$28,000 for a track!!** A HUGE thank you to Missy and Brian Walsh for a very successful run-a-thon to raise money to build a track at Marshall Road Elementary!



## The Marshall Road Elementary Drink Pouch Brigade

We are excited to announce another 50 for 50 project--the Drink Pouch Brigade. A company called Terracycle will take our used drink pouches, such as Capri Sun, and upcycle them into bags, pencil holders, and such or recycle them into things like fences and trash cans. For more information, go to

[www.terracycle.net](http://www.terracycle.net)

We will set up a black trash can recycle container in the cafeteria. If your kids drink these pouches, please talk to them about our rules for this program. Juice pouches can quickly get messy and we cannot send wet bags through the mail.

*If the Drink Pouch Brigade creates too much of a mess, we will stop the program.*

Here are the rules:

- 1.) We are only recycling aluminum drink pouches like Capri Sun or Honest Kids. They can be any brand, but must be aluminum drink pouches – NO Juice Boxes or Water Bottles. Also we do not want the straws or straw wrappers in the recycling can.
- 2.) There will be a black trash can in the cafeteria to recycle your EMPTY drink pouches. Please put them through the slot on top.
- 3.) Only put in empty pouches. If you have a pouch, but don't finish it, please put it in the regular trash. Do not try to squeeze the juice out – this makes a mess. We cannot mail a wet bag. We need the pouches to be empty. If you have an empty pouch, put it in the recycle can.

Our goal is to collect 500 pouches. Please encourage your children to follow the rules so we do not need to end the program early. If we do a good job with no mess, we will continue to collect and send pouches through the spring. Let's see how many pouches we can recycle!

You can also collect and recycle pouches from home. Please put your empty pouches in a plastic bag and you or your child can place the bag in the black can in the cafeteria. So save them from your snacks, your sports teams, and other events.

Terracycle will pay for the shipping to send them the pouches. However, we need boxes to use for the shipping. We need to send shipments in a minimum of 500 pouches. They do not count the pouches, but do an estimate based on weight. So please, save your medium to large boxes. If you have any questions or boxes we can use, please contact Becky Kong at [vp@marshallroadpta.org](mailto:vp@marshallroadpta.org).

Thanks for your all your help!

## Roadrunner Review

We want to know what you are interested in! Please send ideas or comments to Lisa Dauernheim at [newsletter@marshallroadpta.org](mailto:newsletter@marshallroadpta.org)

## Join the PTA!

The Marshall Road Elementary School (MRES) Parent Teacher Association (PTA) is made up of parents just like you, working with the school to enrich our children's public school experience. You can join the PTA online at [www.marshallroadpts.org/join.html](http://www.marshallroadpts.org/join.html)

Our PTA meets monthly to discuss programs, provide special events for our teachers, raise funds and support our school. Please join us, **Wednesday, December 7th at 9:30am** for our next meeting.

## Ms. Luck's Little Wellness Wisdom

December is one of the busiest months of the year and the

hardest month to stay healthy and to exercise. Try to schedule in time in your calendar to stay active with and without your children. Make plans to do a special outing over the break with family and friends. Let your children help you make meals/ desserts around the holidays/ winter break. Tips for Parents – try to plan ahead for parties with a lot of food choices, try to eat some fruit before so that you don't eat too much, desserts are ok as long as they aren't your only choice on the menu. In this is the season of giving, your family can do a random act of kindness each day, week or one thing as a family this month. It can be contagious – one act of kindness can be as simple as a smile or holding a door – you will touch a heart and maybe change a life!

## Please label your child's jacket

As the seasons change and the coats come out, the lost and

found becomes overcrowded with lost jackets. To help prevent this please put your child's name in their outerwear so we can find its owner.

## Can you sew? Will you help?

The 5<sup>th</sup> and 6<sup>th</sup> grade is looking for volunteers to help them with their Project Linus service project. We need folks with the know-how to stitch pieces together that the students will make into quilts to donate to Project Linus. If you are interested, please email Beth Eachus at [president@marshallroadpta.org](mailto:president@marshallroadpta.org)